



The population aged 60 years or older in sub-Saharan Africa is increasing at a more rapid rate than any other region of the world. Increasing longevity, together with an increase in non-communicable diseases in the region, increases on aggregate the care needs of older persons, which will be provided predominantly by families. In this programme, we explore how family care is experienced. What is it like for caregivers and care receivers?

THIS **FIVE-YEAR PROGRAMME** AIMS TO SUPPORT FAMILY CARE BY IMPROVING OUR UNDERSTANDING OF HOW FAMILY CARE IS EXPERIENCED IN THE REGION.

In working with academics, policymakers and NGOs from the region and beyond, we aim to improve the attention and support family caregivers and older persons receive locally and regionally. Our data will help us understand how family members' social relationships shape care by examining the financial, social and health consequences of care. By investigating challenges to carers' and care receivers' relationships, we aim to better inform how the state, communities, NGOs and individuals can support family care.

Prof Elena Moore is working with a group of dynamic, African-centred scholars, who are embedded in the region and focussed on understanding and supporting the diversities and complexities of family care for older persons.

The Family Caregiving programme is the first major programme dedicated to understanding family care of older persons in the Southern African region. It is funded by the Wellcome Trust Fund (ref: 225910/Z/22/Z).

WE DESIGNED A COMPREHENSIVE PROGRAMME WHICH INCLUDES:

A research study which adopts a qualitative longitudinal explorative approach to **understanding family care in South Africa, Botswana, Namibia and Malawi**

An expansive **public engagement and collaborative approach** which builds relationships with communities, NGOs, government officials and the wider media to increase awareness and increase attention on the issue of family care of older persons

A **researcher development focus** which creates a supportive environment for researchers to progress in their careers.